

MOSHCC.COM.AU MILANG OLD SCHOOL HOUSE COMMUNITY CENTRE

Program Guide

Term 2



2012

Bookings are essential for all MOSHCC programs as class sizes are limited. Book either by phone, in person or by email:

Milang Old School House Community Centre

24-25 Daranda Tce

Milang SA 5256

Ph. 08 85370687

Email: reception@moshcc.com.au



Register your interest

The following programs are in the early planning stages, however if you are interested please register with MOSHCC to receive further information when more details are available:

Ngarrindjeri Language and Culture

Career Development

Where: MOSHCC & Strathalbyn Library

Great news for this year! MOSHCC will be delivering career development services in Milang and Strathalbyn through Fleurieu Careers, an initiative of South Australia Works. MOSHCC in partnership with Finding Workable Solutions and Workskil will provide career guidance support for individuals; to enhance skills and capabilities, to help achieve career aspirations, to assist those unemployed or underemployed and play a vital role in supporting retrenched people impacted in times of company closure to find new pathways for the next step in their lives. For further information or to make an appointment please ring MOSHCC on ph. 08/8537 0687

FREE CRECHE

9:30—12:30

Available Monday, Wednesday & Thursday, during school term. Come and try something new while childcare is available.

Bookings Required—Ring MOSHCC



Cards



1:30 PM
Tuesdays
Cost: \$2.50 per week
Where: MOSHCC

Art/Craft/Leisure

A great afternoon, play an old favourite or learn something new! Come and enjoy a friendly game.

Creating With Clay



10am
Wednesdays
Cost: Gold Coin + materials and firing costs.
Where: Our Shed @ MOSHCC

Art/Craft/Leisure

Learn hands-on how to create your own masterpieces from start to finish. Our talented tutor welcomes beginners and masters alike! Hone your visual arts skills today @ MOSHCC! *This class is limited to 10 participants.*

Friday Feast



12:30 PM
Friday
Cost: \$6.00 meal
Where: MOSHCC: ACE Space

Art/Craft/Leisure

Our wonderful Friday Feast volunteers provide a fantastic and affordable lunch. Includes main meal and dessert, and a cuppa afterwards. Keep an eye out for scheduled Fun, Entertainment & Informative activities after the Feast.

From movies, games and guest speakers, your Friday Arvo's are beaut at the MOSHCC!

Men's "Sticky Beak" Outings

Art/Craft/Leisure



Third Tuesday of the Month
Cost: Outings \$5 + Lunch, Entrance Fees etc.
Where: MOSHCC

Tired of being stuck at home? Get out and enjoy some good company. Please contact MOSHCC for information regarding upcoming trips and bookings. Bookings Essential.

WOW

Art/Craft/Leisure



1.30pm afternoons, 9.30am Bus Trips,
Thursday Fortnight
Cost: Gold Coin, Outings \$5 + Food,
Entrance Fees etc.
Where: MOSHCC / BUS

The WOW program has a range of hands on activities, guest speakers and educational outings of particular interest to women of all ages. See the back page for this term's program.

Writers Group

Art/Craft/Leisure



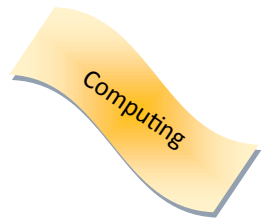
7:30pm - 9:30pm
Monday fortnight
Cost: Gold Coin
Where: MOSHCC: ACE Space

"Lakeliners" meet once a fortnight on a Monday evening. Workshop, get feedback for your writing: Fiction, autobiography, poetry, essays, etc. All genres. MOSHCC is a member of the SA Writers' Centre, call in to have a read of the latest newsletter.

Broadband for Seniors



Make a booking
Tues or Wed afternoons
Cost: FREE for over 50's
Where: MOSHCC

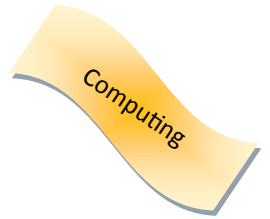


The Broadband for Seniors Project, funded through the Australian Government, aims to provide over 50's with the skills and opportunity to get online. Book at MOSHCC for one-to-one training (or up to 2 if you bring a friend!) with one of our friendly tutors.

Computing A-Z



10am
Tuesday
Cost: \$2.50 per week
Where: MOSHCC: ACE Space

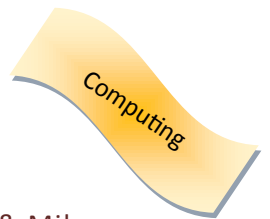


Been Facebooked? Tweeted? Have your new computer/laptop/tablet and don't know where to start? There's a course for that! Come along on Tuesday mornings to learn how to get started, get online and get social.

Facebook



Cost: Free
Where: Goolwa, Strathalbyn & Milang
Call for times & dates in your area



Facebook has become an integral part of many lives. If you would like to start connecting with others using the biggest Social Network online, this four week course is for you. Learn how to connect with friends and family, share photos and join communities of interest.

Website/Blog



Cost: Free

Where: Goolwa, Strathalbyn & Milang

Call for times & dates in your area

Are you looking to set up your own blog and don't know where to start? A blog can be your own personal website, focussing on what you do best i.e. Travel, cooking, gardening, news, your pet rock collection! Get started with this hands-on four week course.

Computing

Word 2010



Cost: Free

Where: Goolwa, Strathalbyn & Milang

Call for times & dates in your area

This four week course steps you through the basics of using Microsoft Word 2010, format your documents with ease. Learn the tips and tricks to make Word work for you, rather than the other way around!

Computing

Bridal creeper workshop



TBA

TBA

Cost: Free

Where: TBA

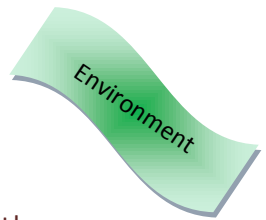
How to combat Bridal creeper using Biological Control. Everyone invited! Hands on workshop for volunteers involved in Landcare and environmental programs as well as landholders and farmers.

Environment

Using Chemicals Responsibly



9:15am to 3:30pm
Monday 14, Tuesday 15 and
Wednesday 23 May
Cost: Some cost involved for those
who wish to obtain the certificate
Where: ACE Space



Including ChemCert Accreditation. Open to all. Use chemicals in weed control? This course will provide accreditation for all operators of spray equipment. It will be possible for people interested in undertaking this work commercially to complete the closed book examination on the final day of this course. Bookings are limited.

Healthy Transport



7.30 pm to 9.00 pm
Thurs May 17
Cost: Free
Where: ACE Space



Discover new ways to travel to Strathalbyn, Mt Barker & Adelaide. See how you can use your car less and improve your health and save money in your travels. Bring your ideas on where to have safe walking paths in Milang.

Healthy Transport



1.30 to 2.30 pm
Fri May 18
Cost: Free
Where: ACE Space



Discover new ways to travel to Strathalbyn, Mt Barker & Adelaide. See how you can use your car less and improve your health and save money in your travels. Bring your ideas on where to have safe walking paths in Milang.

Cycling



9 AM-10 AM
Thursday
Cost: Free
Where: Milang

Health & Fitness

Discover historic and interesting places around Milang by bike. We will depart from the MOSHCC for an easy ride. The MOSHCC has 2 bikes that can be used for an enjoyable outing.

Keep Fit



10:00am - 11:00am
Thursday
Cost: Gold Coin
Where: Milang Institute Supper Room

Health & Fitness

Exercise for men and women of all ages and abilities. Young or old, standing or sitting! Increase your fitness in a friendly and fun environment. Participants are encouraged to think of movement as an opportunity, not an inconvenience. Combat the loss of movement in our lifestyle with simple, safe and flowing exercise.

Table Tennis



7:30 PM
Thursday nights
Cost: Gold Coin
Where: Milang Institute

Health & Fitness

Social Games: 7:30pm Thursday nights, ALL WELCOME.

Stepping On



10am
Tuesday
Cost: Gold Coin
Where: Milang Institute

Health & Fitness

"Stepping-on" is an active hour of gentle and slow strength and balance exercises that follow a program specifically designed by physiotherapists to help improve muscle strength, balance and bone density. Having strong muscles & bones plays such a vital part in continuing to enjoy our independent lives as long as we can. Please join us on Tuesdays at the Institute supper room.

Yoga



5:30 PM
Tuesday
Cost: Gold Coin
Where: MOSHCC: ACE Space

Health & Fitness

"Home grown yoga!" Join in as the group follows along with DVD instruction.

Zumba Fitness



10am Mondays
Cost: \$11 per week, or \$5
Concession
Where: Milang Institute

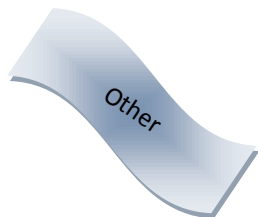
Health & Fitness

The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat.

Cert III in Community Services Work



6pm
Tuesday 1st May
Cost: Free
Where: ACE Space @ MOSHCC

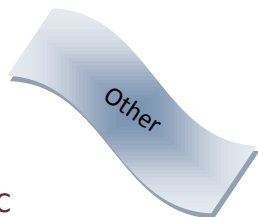


Open to Job Seekers, come along to this information session to find out what this full certificate III level course entails. This information session is prior to enrolment, so you can ask questions and decide if this course is for you! Delivered in Milang.

Cert III in Nutrition & Dietetic Assistance



6pm
Wednesday 2nd May
Cost: Free
Where: ACE Space @ MOSHCC

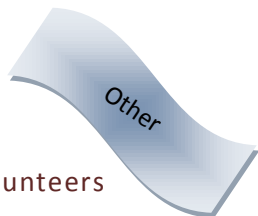


Open to Job Seekers, come along to this information session to find out what this full certificate III level course entails. This information session is prior to enrolment, so you can ask questions and decide if this course is for you! Delivered in Milang.

First Aid



When: Fri 8th June
Cost: MDCA Students and Volunteers
Free, Others \$115, CPR \$40.
Where: Milang Institute Supper Room



Book now for the full First Aid Certificate (which needs updating every 3 years) as well as the 12 month CPR update.

Food to Share



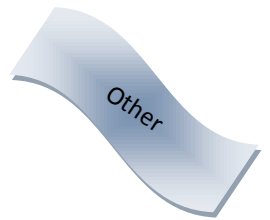
9:30am to 12:30pm

Wednesdays (TBC)

Cost: Free

Where: Strathalbyn-venue to be confirmed

Planning a party, function or small event for family or friends? This hands on opportunity will give you hints, tips and options for planning, preparing and presenting food to family, friends or small groups in a professional way. Come along and be inspired.



Occupational Health and Safety



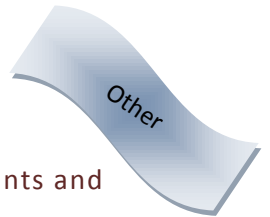
9:00am to 3:30pm

Tuesday 15th May

Cost: Free for MOSHCC Students and Volunteers, Others: \$25

Where: Milang Institute Supper Room

This training is particularly suited to people who are volunteering or working in community service organisations. A certificate of attainment will be issued which can be used towards recognition of prior learning in accredited qualifications.



Resume Writing



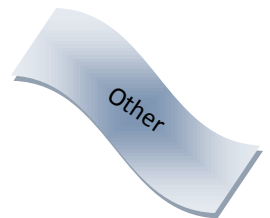
Times to be confirmed

Mondays (To Be Confirmed)

Cost: Free

Where: ACE Space, MOSHCC

Want to stand out from the crowd? This opportunity over three sessions will help you to explore your experience and skills to create a resume that will impress!



Friendship and Craft Club



10am to 12noon

Wednesdays

Cost: Gold Coin donation

Where: Milang Church of Christ Hall

Around Town

We offer a relaxed, friendly morning with a cuppa and encourage those folks who like to do craft to bring along what they are currently working on to enthuse the rest of us! Some like to learn something new, and we try to bring in teachers to help us, and some like to come along just for the chat and cuppa - that's fine also. Bottomless cups/biscuits available.

Milang Community Garden



VOLUNTEERS WANTED

Where: Milang Community Garden

Around Town

The Community Garden is located diagonally opposite the Milang Campus, corner of Coxe St and Rivers St. If you would like to volunteer, please contact MOSHCC for more information.

Cottage Garden Club



Second Wednesday of the month

Where: Call for more details

Around Town

Includes outings to nurseries and gardens. See the report in the Milang Community News. For further details please contact MOSHCC.

INFORMATION SESSION



Productivity Places Program (PPP) for Job Seekers

A joint program initiative of the Governments of the
Commonwealth and South Australia

Community Services and Health

Certificate III in Community Services Work (CHC30108)

WHEN: Tues 1st May 2012 at 6 pm

WHERE: Milang Old School House Community Centre
Cnr Daranda Terrace and Rivers Street, Milang SA 5256

Please Call 85370687 or email moshcc@bigpond.com
to register your attendance



Provided by
**MILANG OLD SCHOOL HOUSE
COMMUNITY CENTRE (MOSHCC)**
and
TAFE SA REGIONAL



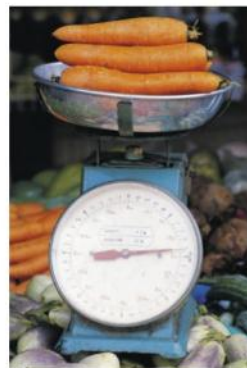
Australian Government

tafeSA



Government of South Australia
Department of Further Education,
Employment, Science and Technology

INFORMATION SESSION



Productivity Places Program (PPP) for **Job Seekers**

Community Services and Health

Certificate III in Nutrition and Dietetic Assistance (HLT31507)

WHEN: Wed 2nd May 2012 at 6 pm

WHERE: *Milang Old School House Community Centre
Cnr Daranda Terrace and Rivers Street, Milang SA 5256*

Please Call 85370687 or email moshcc@bigpond.com
to register your attendance



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Australian Government

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Government of South Australia
Department of Further Education,
Employment, Science and Technology

WOW Program Guide 2012

Please book through MOSHCC phone 85370687

22nd March	Willunga Slate & Courthouse Museums	Bus 9.30am
5th April	Visit Pam's Hydroponic Garden	MOSHCC 1.30pm
19th April	Ten Pin Bowling/Cameo comedy Captain Cottage	Bus 9.30am
3rd May	Photography with Cynthia	MOSHCC 1.30pm
17th May	Visit Himaji Japanese Garden Guided tour of the ABC	Bus 9.30am
31st May	Games Afternoon	MOSHCC 1.30pm
14th June	Special Movie Screening @ Victor Harbor	Bus 9.30am
28th June	Bread making	MOSHCC 1.30pm
12th July	Motor Museum & Rocking Horse	Bus 9.30am
26th July	Painting with Dawn	MOSHCC 1.30pm

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Milang Old School House Community Centre

24-25 Daranda Tce
Milang SA 5256
Ph. 08 85370687

Email: reception@moshcc.com.au



Our Mission:

The Milang Old School House Community Centre is committed to the provision of quality adult & community education programs which enhance the economic, educational and social well being of residents in the Eastern Fleurieu townships and districts including Milang, Clayton, Finniss, Langhorne Creek and Strathalbyn. Programs Offered will be accessible and affordable.

Supported by:



The Milang Old School House Community Centre is an initiative of the Milang and District Community Association Inc.

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