VILLAGE VOICE August 2013



VOLUME 10 YEAR 2013

Voice

▶ KEEP FIT5

VOLUNTEER GET TOGETHER6

Come along and celebrate 10 years of LEARNING, CARING, MOSHCC......HEART OF THE OF THE COMMUNITY FOR SHARING, FRI ENDSHIP and FUN

Sat 5th October

8.00 am Poets Bush Breakfast 10.00 am Great Scone Bake Off Judging Drawing on Country 11.00 am Cake Cutting Devonshire Morning Tea 1.00pm BBQ Lunch RUNNING THROUGHTHE DAY Demonstrations Open Mic Turtle Shed Open Reminiscing Corner Kids see, play and do Visit by Murray the Turtle





If you want to see some of Karyn's lamp work beads she has a Kayinga Design Facebook page.

In July we found our what our EO does when she's not beavering away in the office at MOSHCC.

July's meeting was a visit to Kayinga Designs studio where Karyn lets loose her creativity to make glass beads. This technique involves the used of a propane and oxygen torch and rods of coloured glass which are wound around a mandrel to create beautiful coloured beads in a range of shapes and sizes. In many ways the colours remind Karyn of her previous silk painting work in the way the molten the glass flows together to create wonderful fluid designs. Many of Karyns larger pendant beads look like mini landscapes or the undersea world. After the demonstration the WOW ladies were able to choose a bead to make into a pendant for themselves. Making that decision turned out to be the most challenging part of the day.





Last month women's outing was slightly altered and we took the opportunity to go and experience the SA Maritime Museum. Acclaimed as one of the best of its kind in the world. Fascinated by the interactive exhibition we listened, touched and smelled what the conditions would have been like for the early settlers sailing out from Europe. Some of our more fit women took the short walk to the Lighthouse, built in 1869

climbing the spiral stairs to a spectacular view of the Port, the Adelaide plains and Mt. Lofty Ranges! After a deserving lunch at the nearby Railway Hotel we called in at Better World Arts, a gallery running cross cultural projects of fine art, fine craft, ethical trade, displaying regular exhibitions by Aboriginal artists from across Australia. Sounds like something you would like to do? A program of our next WOW women's activities is



available from the MOSHCC Community Centre. We are a welcoming group of women who meet once a month on a Thursday afternoon at the centre and once a month we go to places. Any questions? Ring MOSHCC on 85370687. Marie-Claire

19th September	Tailem Town	Bus 9.30 am	
3rd October	Natural Skin Products	MOSHCC 1.30 pm	
17th October	Mini Golf West Beach	Bus 9.30 am	
31st October	Rug Maker or Pam's craft	MOSHCC 1.30 pm	



FROM THE COORDINATOR'S DESK

We are all getting ready to celebrate our 10th Birthday on 5th October and we hope you will all come along and share the day with us. The great scone bake off is on again so get your best recipes out and give it a try.

It's the first week of September and we are celebrating Adult Learner's Week and I have been reflecting on what learning has meant to people who have attended activities at MOSHCC over the past 10 years. I have seen people grow in all manner of ways, confidence; self esteem, ability to make decisions and plan the future they want, employment for the first time and new jobs in different fields. People have developed friendships and felt more connected to and valued by their community. They've shared laughs, lots of food and thousands of cuppas but perhaps most importantly they've become lifelong learners which is defined by Delors' (1996) as the four 'pillars' of education for the future;

Learning to know - mastering learning tools rather than acquisition of structured knowledge. **Learning to do** – equipping people for the types of work needed now and in the future including innovation and adaptation of learning to future work environments.

Learning to live together, and with others – peacefully resolving conflict, discovering other people and their cultures, fostering community capability, individual competence and capacity, economic resilience, and social inclusion.

Learning to be – education contributing to a person's complete development: mind and body, intelligence, sensitivity, aesthetic appreciation and spirituality.

The last few months have seen lots of environmental activity in the region with another 270,000 plants being planted around the lakes and visits from politicians, community groups and government staff.



Federal Environment Minister visits the Milang Nursery

Until Next time Karyn Bradford

Volunteers Wanted MILANG COMMUNITY NURSERY

OPEN MONDAY AND TUESDAY

9am - 4.30pm

The Milang nursery is planning to grow 50,000 plants to be planted in winter 2014.



If you enjoy gardening and learning more about propagating native species please feel free to visit the nursery. Call in for a cuppa and biscuit. The Milang Nursery is located on Weeroona Drive inside the grounds of the Milang Recycling Centre.

Contact Nursery Manager Jill Dennis 0498 632 839 mecnursery@shorelinecommunity.com.au

Milang Community Garden

More, more, more.....soil that is! The gardeners are keen to keep planting and have organised for more soil to be delivered to fill up another potato box or two. Many thanks go to the guys at Peats Soil for their ongoing support in helping us by providing such great growing mediums.

The gardeners are beginning to plan for the changing season and looking at what can be planted. They have enjoyed some excellent brassica crops over winter though it wasn't cold enough for the brussel sprouts. Some of the winter flower seedlings didn't survive the snails and the birds, oh well, that's the great thing about gardening, some things work, others don't but there is always next season!

Why don't you join us to get involved? The gardeners continue to meet for group gardening days on the 1st and 3rd Tuesdays of the month. Come along and join us (at the garden on the corner of Coxe and Rivers Streets) or drop into MOSHCC and ask for more information.

Group gardening days Tuesdays 3rd & 17th September from 10:30am - 12:30pm

Whether you know a little or a lot, we'd love to see you there! Enquiries to MOSHCC 8537 0687 or reception@moshcc.com.au



Soon to be filled garden beds!

EXPRESSIONS OF INTEREST

LOCAL BUSINESS DIRECTORY

Local Trades & Business are invited to register their interest in being included in a local "Business Directory" for our Home and Community Care clients



Contact MOSHCC for more details and a registration form: 8537 0687 Or Email: hacc@moshcc.com.au



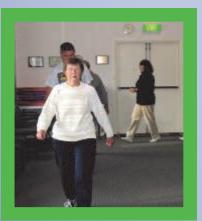


KEEP FIT

Every Thursday morning from 10 until 11 you will find Greta and her group in the Milang Institute Supper room. Exercise for men and women of all ages and abilities. Young or old, standing or sitting! Increase your fitness in a friendly and fun environment. Participants

are encouraged to think of movement as an opportunity, not an inconvenience. Combat the loss of movement in our lifestyle with simple, safe and flowing exercise.

All for a Gold Coin donation!









DRAWING ON COUNTRY

Drawing on Country is an art event in which the river and lakes communities are invited to bring their art equipment and materials and interpret the landscape of Lake Alexandrina on October 5th at one of four sites: Milang, Clayton, Goolwa and Raukkan. The event will begin at 10:00am with lunch provided.

Drawing on Country will be registered as an activity on the Place SA website; one of many events held in South Australia in October.

People of all ages are invited to bring drawing or painting equipment, cameras or iPads and interpret a perspective of the lake's environment and the artist's connection to country. The project will be held again on the same date in 2014 so the perspectives and changes can be documented and compared.

A Plein Air artist will be present at each site to coordinate and support participants and demonstrate outdoor drawing/painting processes and techniques. At the end of the day, participants will be able to submit their work which will form an exhibition at Signal Point Gallery, Goolwa (with potential to tour to other exhibition venues).

The project will be documented by a filmmaker and photographer and linked to partner websites. This project is proudly supported by Country Arts SA (through the Change and Adaptation Program and Just Add Water), Alexandrina Council and the Natural Resource Management Board.

Food Safety Talk



Angela Sorger from Alexandrina Council presented up to date information about Food Safety and Handling.

Thankyou to the Families of pre-schoolers who attended our

Morning Tea

We appreciated the feedback on how we can better assist our community families with young children.

From this meeting we have taken some ideas and will advise when our next meeting will take place to see where we are at with the implementation of these.

July Volunteer Get Together



Volunteers explored their individual personalities and who they compared to out of The Simpsons characters! It was an opportunity to see the different people required to make the MOSHCC so successful.

Volunteers were then given the run down on the new database while we were treated to some home made treats and a cuppa.

Karyn joined us then to discuss the 10th Birthday celebration and ideas were offered up. Planning is underway for a great day!

Friday Feast

Enjoy an after lunch cuppa during our speaker and discussion program on Friday 27th September at 1.30pm

> Topic: Caring for the Older Person with Leanne Waldran RN from the Carer Support Service at the Milang Old School House Community Centre (MOSHCC) 24 Daranda Tce Milang SA 5256

Please contact Reception at MOSHCC on ph. 8537 0687 if you would also like to join us for lunch at 12.30pm



Interested in taking a walk around the local community every so often to put up flyers?

MOSHCC has lots of events/courses happening and we require a volunteer to put up flyers for us on a regular basis.

If it sounds like something that you would like to do please contact Gae at MOSHCC for more

information, 8537 0687.



MORE INFO and FORMS Available from farmgatefestival.com.au info@farmgatefestival.com.au Milang Old School House Community Centre Phone 85370687 or 0412036900

TREES FOR TOWNS

The trees & shrubs that were planted last year are

growing well and look fantastic.

In July we replaced some of the plantings that did not survive last summer with 'hop bushes' and saltbush. However we still have a few wattles to be planted in 'Gun Club Reserve' and Clematis (old mans beard) on Tod's Hill.

If you can help contact John at the MOSHCC for further details.





The Milang Old School House Community Centre is an Initiative of the

MILANG & DISTRICT COMMUNITY ASSOCIATION INC.

FRIDAY FEAST MENU

DATE	ADULT MAIN	DESSERT	CHILDREN	DESSERT
6th September	Roast	Pear Dessert Cake		
13th September	Tuna Patties	Orange Cakes	Tuna & Potato Fritters	Ice Cream
20th September	BBQ/Salad	Cup Cakes		
27th September	Frittata	Trifle	Macaroni Bake	Jellied Fruit

BOOKINGS ARE REQUIRED BY WEDNESDAY AFTERNOON OF EACH WEEK. Please call the MOSHCC on 8537 0687

